## GOVERNMENT OF MEGHALAYA HEALTH & FAMILY WELFARE DEPARTMENT

### No. Health.74/2020/121

# Dated Shillong the 28<sup>th</sup> July, 2020.

### <u>O R D E R</u>

In partial modification of this Department's Order No.Health.74/2020/106 dt.20.5.2020, the following Standard Operating Procedures (SOP) are issued for people entering Meghalaya from other States etc.

#### A. Pre-registration

- 1. All people coming from outside the State should pre-register themselves on <a href="http://meghalayonline.gov.in/covid/selfregistration">http://meghalayonline.gov.in/covid/selfregistration</a>.
  - 2. Those who have not pre-registered themselves should be registered at the entry point through the Web App (https://coronamegh.cdfi.co.in)

#### B. Screening and Testing at entry points

- 1. All persons who enter the State at the designated entry points will be scanned by an infrared thermometer or thermal scanner to detect body temperature.
- 2. All persons who come from High Risk areas where the transport is facilitated by the State shall be tested by Antigen and RT-PCR. **'Pool testing'** method would also be used, and if "pool test" is positive, retesting of the individual samples is to be done by RT-PCR/CBNAAT.
- 3. The persons shall be kept in institutional quarantine in the respective districts until test results arrive. In case of space constraints, they shall be sent for home quarantine after sampling.
- 4. Those coming in private vehicles to the State from outside of North East Region of India shall be sampled for RT PCR at the entry point District and sent for home quarantine.
- 5. Sampling can be done either at quarantine/CCCs or at facilities as designated by the Districts.
- 6. (a) If the Test result is negative, they shall be sent home for quarantine.

(b) If the Test result is positive, the protocol dated 28<sup>th</sup> March, 2020 and dated 27<sup>th</sup> July, 2020 for COVID positive cases shall be followed

#### C. Home Quarantine

- i. All people coming from outside the state should mandatorily undergo home quarantine for 14 days, using the Home Quarantine Diary
- ii. People who have been tested negative and who have completed 14 days of home or community or institutional quarantine, will then be allowed to go out and attend to their routine work. However, they will have to follow the health protocols as per the self monitoring diary for the next 14 days. They will also follow the three non-negotiable points of regular hand cleansing, wearing of face masks properly with cough etiquette and maintaining of 6 feet physical distancing at all times.

- iii. Those under home quarantine will be monitored by:
  - (a) District Surveillance Team
  - (b) Community, COVID Management Team

## D. Self-Reporting using Diary

- i. People under home quarantine should enter their daily health status in the diary provided.
- ii. They can also enter the health status of their family members in this diary.
- iii. If they find any symptoms for themselves or their family members, they shall report to 108 or contact District Helpline number given in the diary.
- E. External Monitoring using technology and physical inspection through Community COVID Management Teams.
  - i. The designated monitoring team set up by the respective District (any selected member of CCMT) will visit those under quarantine on a daily basis. The team will use a Web App (<u>https://coronamegh.cdfi.co.in</u>) which is GPS enabled, thus helping in tracking the movement of the monitoring team and ensuring that they visit all the houses allotted to them.
  - ii. All those who are under quarantine and symptomatic shall be tested through RT-PCR.
  - iii. The monitoring team will also assess the psychological state of those under home quarantine and ensure counselling support
  - iv. While monitoring for COVID symptoms the team should also check for any other viral infections such Measles-Rubella, SARI, ILI like symptoms.
  - v. The data from this App will be used for analysis at the district and the state levels on a daily basis
  - vi. .The phone numbers of all those entering the State shall be put for geofencing and an SMS warning will be sent to those who break the quarantine.

### F. If COVID-19 symptoms develop,

- (i) the persons who develop any symptoms in the 14 days quarantined period would be tested using RT-PCR test.
- (ii) Those of who test positive shall be handled as per the COVID positive patient handling protocol of the Government of Meghalaya

#### Sd/-

(Sampath Kumar, IAS) Commissioner & Secretary to the Govt. of Meghalaya, Health & Family Welfare Department.

### Memo No. Health.74/2020/121-A.

# Dated Shillong the 28<sup>th</sup> July, 2020

Copy to:

- 1. The Secretary to the Governor of Meghalava for kindl information of Governor.
- 2. PS to the Chief Minister, Meghalaya for kind information of Chief Minister.
- 3. PS to the Deputy Chief Minister, Meghalaya for kind information of Deputy Chief Minister.
- 4. PS to the Minister, Health & Family Welfare Department, Meghalaya for kind information of Minister.
- 5. PS to all Ministers, for kind information of Hon'ble Ministers.
- 6. PS to Chief Secretary to the Government of Meghalaya for kind information of Chief Secretary.
- 7. The Additional Chief Secretary/Principal Secretaries/Commissioner & Secretaries/Secretaries of all Departments, Government of Meghalaya.
- 8. Director of Health Services (MI)/(MCH&FW)/(Research), Meghalaya, Shillong.
- 9. The Director of Information & Public Relations, Meghalaya, Shillong for wide circulation in the print and electronic media of the State.
- 10. The Director General of Police, Meghalava.

11. The Deputy Commissioner,

East Khasi Hills, Shillong /West Khasi Hills, Nongstoin/ South-West Khasi Hills, Mawkyrwat/ East Jaintia Hills, Khliehriat/ West Jaintia Hills, Jowai/ Ri-Bhoi District, Nongpoh/ West Garo Hills, Tura/ South-West Garo Hills, Ampati/ East Garo Hills, Williamnagar/ South Garo Hills, Baghmara /North Garo Hills, Resubelpara.

12. Joint Dirctor of Health Services (MCH&FW) I/c IDSP, Meghalaya, Shillong.

13. District Medical & Health Officer

East Khasi Hills, Shillong /West Khasi Hills, Nongstoin/ South-West Khasi Hills, Mawkyrwat/ East Jaintia Hills, Khliehriat/ West Jaintia Hills, Jowai/ Ri-Bhoi District, Nongpoh/ West Garo Hills, Tura/ South-West Garo Hills, Ampati/ East Garo Hills, Williamnagar/ South Garo Hills, Baghmara /North Garo Hills, Resubelpara 14. All Administrative Departments/Heads of Departments

By Orders, etc.,

Joint Secretary to the Government of Meghalaya, Health & Family Welfare Department.